

Sharing Success with Evaluating Student Wellness

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21st Century Community Learning Centers Statewide Evaluation Team



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Overview

- 1 Why should we evaluate student wellness?
- 2 Tailored dialogue space
- 3 Generating collective wisdom & successes

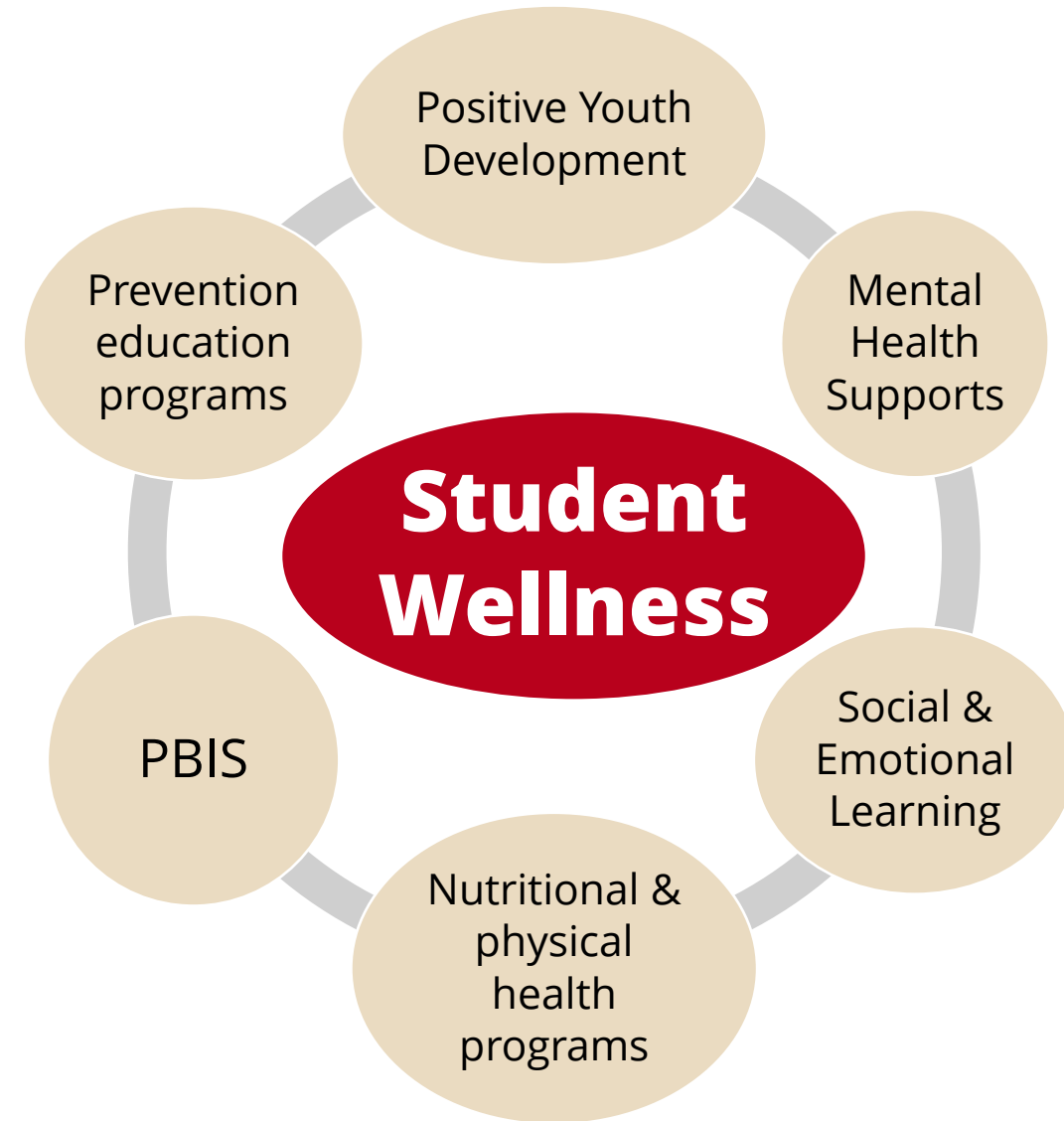
What is student wellness in 21st CCLC?

One of the purposes of the 21st CCLC is to:

Offer students **positive youth development** through PBIS, social-emotional learning practices, prevention education programs, mental health programming, civic engagement, nutritional and physical health.

-21st CCLC FY24 RFA,

Ohio Department of Education & Workforce



Why student wellness?

Whole School, Whole Community, Whole Child (WSCC) approach to supporting student learning and health, describes:

- Importance of community + school collaborations
- Connections between health + academic achievement

(CDC)



Why student wellness?

It is clear from the 12 meta-analyses that **examined hundreds of studies** that there is a **consistent, reliable effect of tested, evidence-based SEL programs on students' social, emotional, behavioral, and academic outcomes** across all grade levels from PreK to 12th grade and across gender, ethnicity and race, income, and other demographic variables.

(Greenberg, 2023)



Evidence for Social and Emotional Learning in Schools

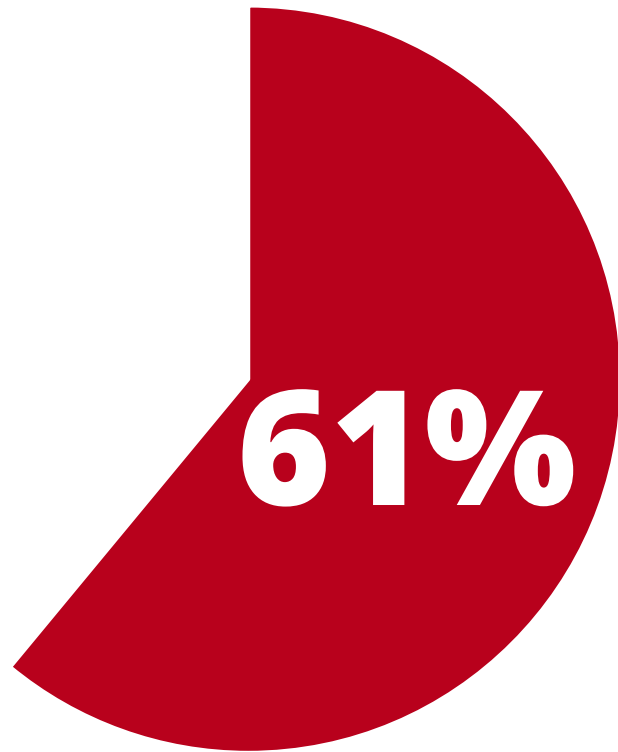
Mark T. Greenberg



MARCH 2023

Evaluating student wellness in 21st CCLC

In Ohio, 21st CCLC programs can evaluate student wellness through **locally determined assessments**.



21st CCLC programs in Ohio reported using **an assessment to measure student wellness** in 2022-23.

Evaluating student wellness in 21st CCLC

Prosocial behaviors

Skills or competencies

Emotion Management

Belonging & connection

Identity development

Youth-adult relationships

Peer relationships

Conflict resolution

Leadership

Responsibility

How can we measure student wellness?



Rating scales

Devereaux Student Strengths Assessment (DESSA)
Social Skills Improvement Rating Scales (SSIR)
Positive Youth Development Rating scales
Survey of Academic Youth Outcomes (SAYO)



Locally-developed Assessments

Student self-rating surveys
Parent/teacher rating surveys
Check-in/Check-Out daily assessments



Virtual Platforms

Hello Insight
Jakapa

How can we measure student wellness?



Positive Youth Development Inventory

Measures 6 domains:

- Competence
- Confidence
- Character
- Connection
- Caring
- Contribution

The Positive Youth Development Inventory Full Version (2012)

We would like to gather some information about the things you learned while participating in this program. Your responses are completely anonymous (meaning no one will know it is you who completed this form) and voluntary (meaning you don't have to complete this form if you do not want to). You can leave any question blank, and you can also choose not to complete the questions once you begin. Nor will any answers you provide be singled out; we will look at everyone's answers together.

Please rate your agreement using: 1) Strongly Disagree; 2) Disagree; 3) Agree; 4) Strongly Agree

As a result of participating in this program:

	Strongly disagree	Disagree	Agree	Strongly agree
1. I am a good student	0	0	0	0
2. I take part in activities at my school	0	0	0	0
3. I like to learn about new things	0	0	0	0
4. I am a creative person	0	0	0	0
5. I make good decisions	0	0	0	0
6. I make friends easily	0	0	0	0
7. I feel comfortable in social situations	0	0	0	0
8. I can handle problems that come up in my life	0	0	0	0
9. I can manage my emotions	0	0	0	0
10. I can handle being disappointed	0	0	0	0
11. I am aware of other people's needs in social situations	0	0	0	0
12. I have goals for my life	0	0	0	0
13. I know what I want to do for a career	0	0	0	0
14. I am interested in learning about careers I could have	0	0	0	0
15. It is important for me to do the right thing	0	0	0	0
16. I try to do the right thing, even when I know that no one will know if I do or not.	0	0	0	0
17. I think it is important for me to be a role model for others.	0	0	0	0
18. It is important for me to do my best.	0	0	0	0
19. It is important that others can count on me.	0	0	0	0

Arnold et al., 2022

How can we measure student wellness?



Check-in/Check out

Daily/weekly check-ins with students

Set goals for students based on identified wellness needs

Can be both an intervention and a tool to monitor progress

Add Your School Logo Here!		CHECK IN CHECK OUT POINT SHEET					Points Possible _____
							Points Received _____
							%of Points _____
							Goal Met _____
							2 – Great Job!
							1 – So, so
							0 – Doesn't meet goal
Name: _____							
Date: ____/____/____							
GOALS:							
Target Behaviors	MATH	SOCIAL STUDIES	SPECIALS	RECESS	LANGUAGE ARTS	SCIENCE	
Respectful	2 1 0	2 1 0	2 1 0	2 1 0	2 1 0	2 1 0	
Responsible	2 1 0	2 1 0	2 1 0	2 1 0	2 1 0	2 1 0	
Safe	2 1 0	2 1 0	2 1 0	2 1 0	2 1 0	2 1 0	

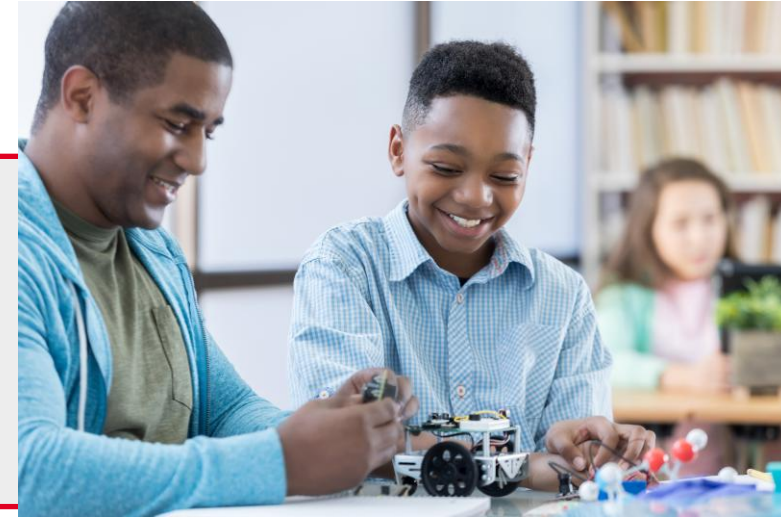
Parent Signature: _____

PBISworld.com, 2025

Program Example

Goals for student wellness

50% students grow in youth-adult relationships
Each student will have 1+ trusted adult



Activity

1:1 Mentoring
program with local
business leaders &
community
volunteers

Evaluation & measurement

Measured by youth-adult partnership
assessment, supportive adult relationships
(5 items, pre- & post-school year)

Youth interviews or check-ins to learn
about relationships with adult mentors

Your turn!

Goals for supporting student wellness

This should be grounded in your local context, community, & student needs

Activities

What activities, programs, or other interventions will support students in achieving the goals?

Evaluation & measurement

What tools, methods, or approaches are you currently using?

How might you improve your evaluation or measurement of student wellness?

Dialogue Norms



Contribute

your thinking



Listen

to understand



Slow down

to think & reflect

Reflections

What **resonates**?

Can you **share examples** of
from your work?

How do these examples **align
with your experience**?

What else could be added?

Generating Collective Wisdom

What was **something new** you learned?

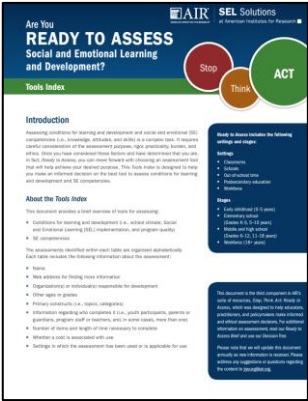
What is **something you would like to explore** more after today?

Are there any **resources** that you would like to share with others?

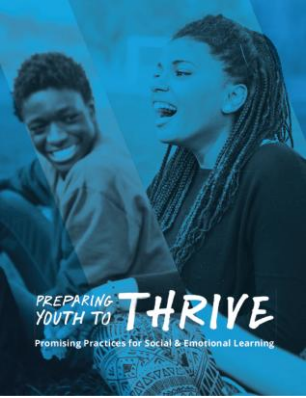


Share out key insights!

Resources



Assessing SEL Toolkit

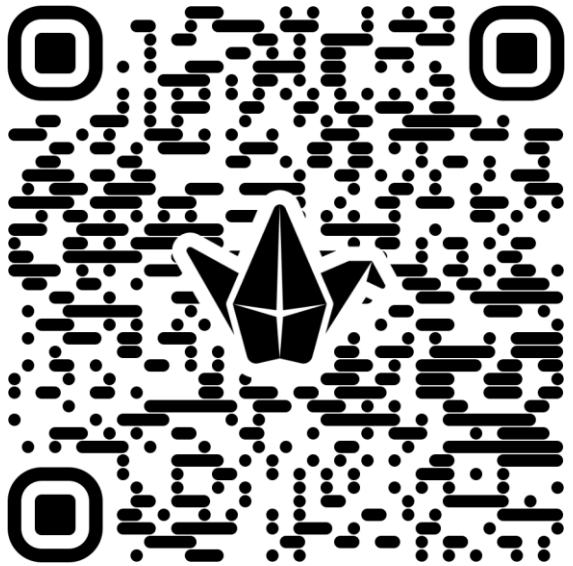


Promising Practices in SEL



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**Access
materials!**



www.bit.ly/OSTEval25

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Statewide Evaluation Team



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**Connect
with us!**



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