



**Department of
Education &
Workforce**

CHILD AND ADULT CARE FOOD PROGRAM

AT RISK AFTER SCHOOL MEAL PROGRAM

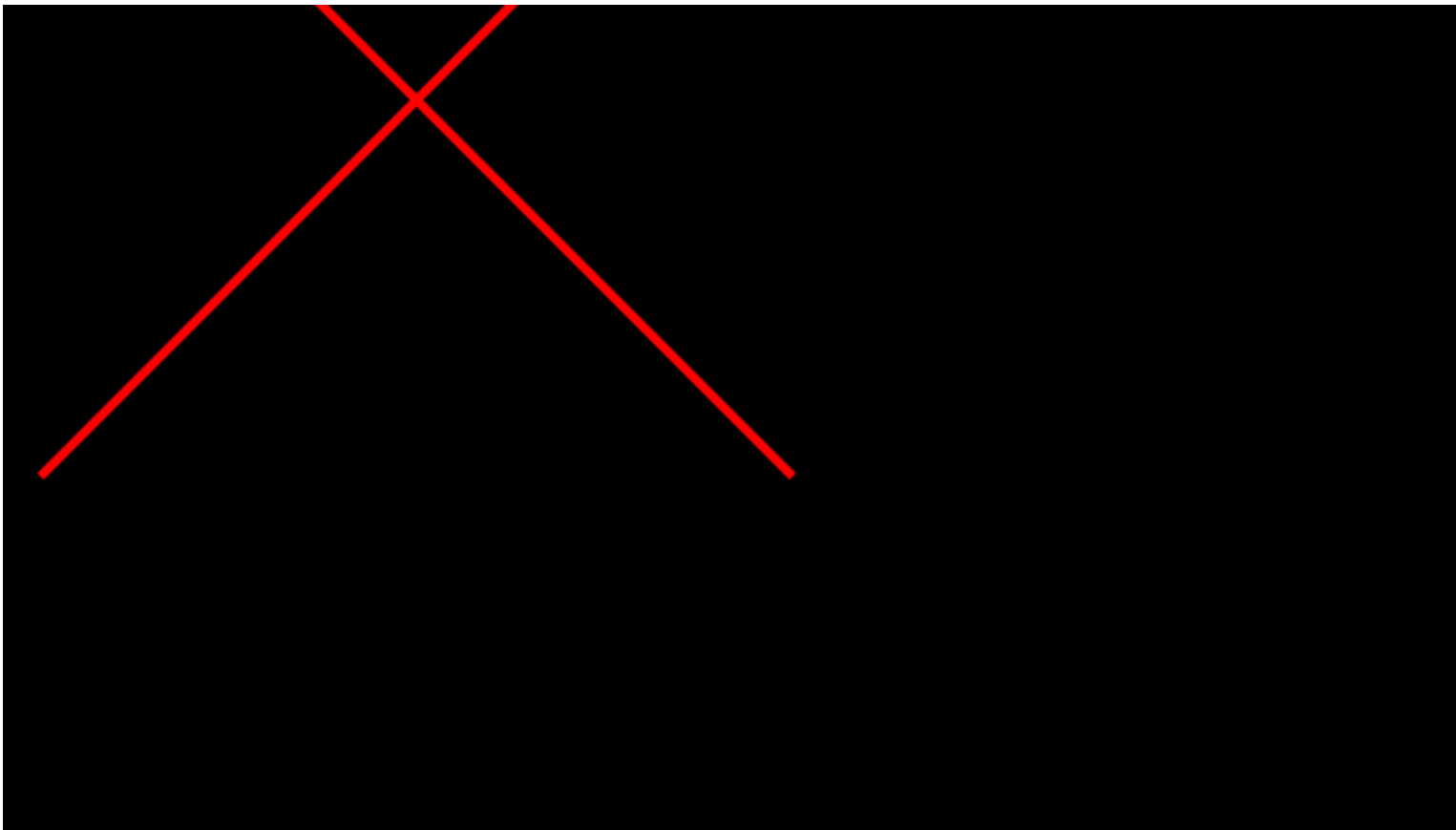
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OFFICE OF NUTRITION

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KNOW YOUR WHY...



CHEW ON THIS

1.23 million children received an afterschool supper on an average school day in October 2023, an increase of 73,878 children, or 6.4 percent, when compared to October 2022.

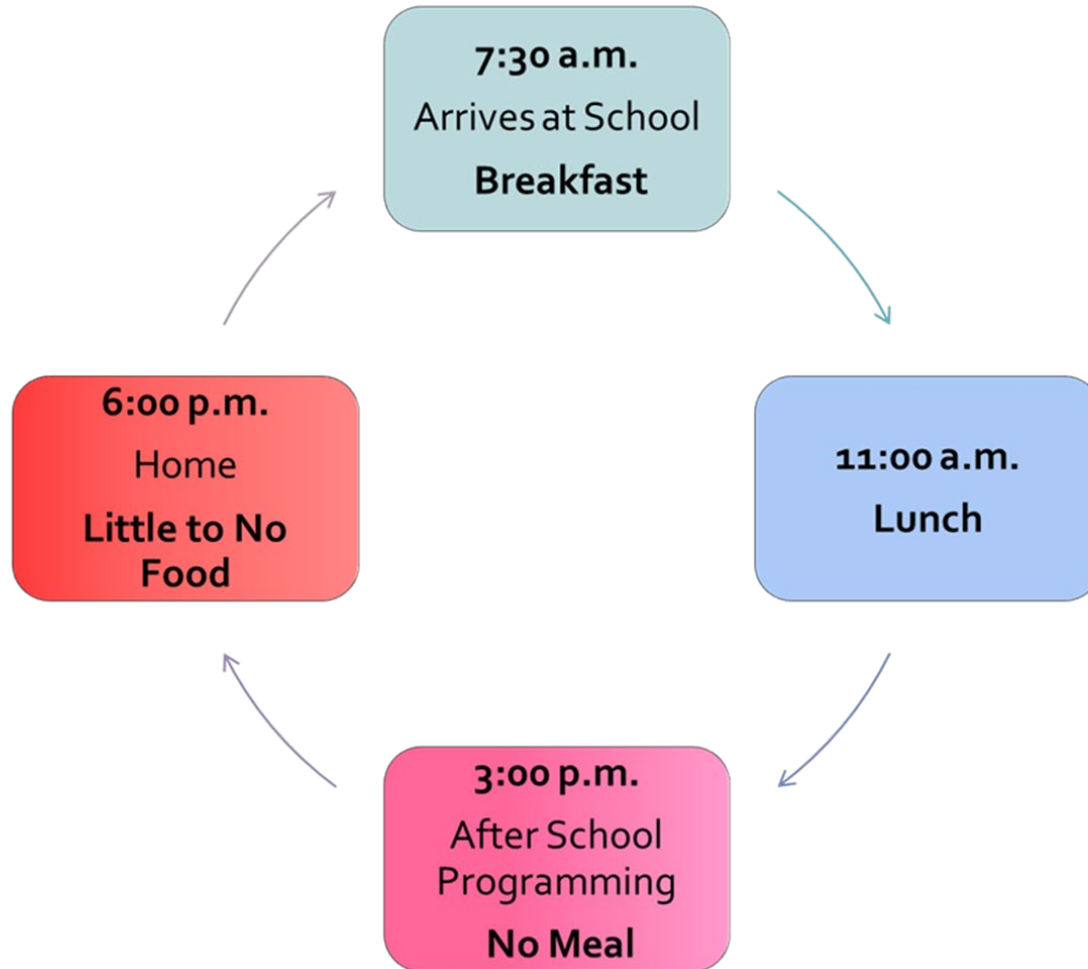
1.25 million children received an afterschool snack, an increase of 63,112 children from October 2022.

46,308 sites served afterschool suppers and/or snacks in 2023, an increase of 8,075 sites from 2022.

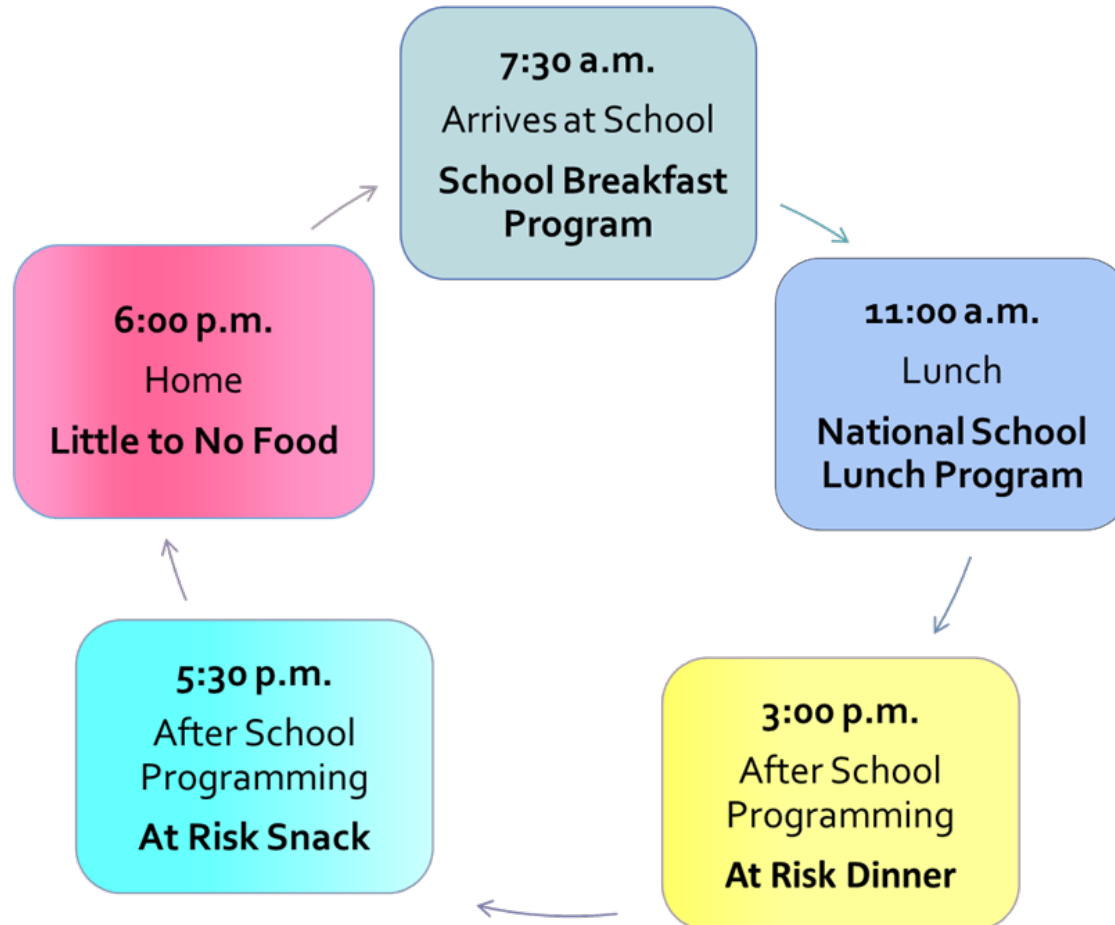
One in every 16 children who received a free or reduced-price lunch in October 2023 was served in an Afterschool Supper Program.



A DAY WITHOUT AN AT-RISK AFTERSCHOOL MEAL AND/OR SNACK



A DAY WITH AN AT-RISK AFTERSCHOOL MEAL AND/OR SNACK



BENEFITS OF AT-RISK AFTERSCHOOL MEALS AND SNACKS



- Supports Afterschool Programs
- Fights hunger
- Counter Childhood Obesity
- Foster Student Improvement
- Increase Attendance

CHILD AND ADULT CARE FOOD PROGRAM (CACFP) AFTERSCHOOL MEAL PROGRAMS

At-Risk Afterschool

Outside School Hours

WHAT IS THE AT-RISK AFTERSCHOOL MEAL PROGRAM?

The At-Risk Afterschool Meal Program is a component of the Child and Adult Care Food Program (CACFP) that allows public or non-profit organizations Federal funding to serve a free meal and/or snack to children in low-income areas during monitored and organized afterschool programs.



HOW DOES THIS WORK?

USDA Provides funding for the Program and sets requirements for meals and snacks. Meals and snacks must meet the USDA nutrition standards

State agencies administers the Program and communicates with both USDA and sponsors.

Sponsors are organizations that oversees afterschool care centers. Sponsors communicate with the State to get reimbursed for meals and snacks served in their afterschool programs.

At-Risk Afterschool Care Centers are places where children and teens participate in an afterschool program.

ORGANIZATION ELIGIBILITY



Public agencies such as schools or city governments



Tax-exempt nonprofit organizations



For-profit centers that meet the requirements



Organizations currently participating in another Federal program requiring nonprofit status

AREA ELIGIBILITY

These are sites located in the attendance area of a public school; an elementary, middle, or high school where at least 50 percent of the students are eligible for free or reduced-price meals under the National School Lunch Program (NSLP).



PROGRAM ELIGIBILITY

Located in an attendance area of schools where at least 50 percent or more of the children are eligible for free or reduced-price meals



Be organized primarily to provide care for children after school or on the weekends, holidays, or school vacations during the regular school year.



Provide organized regularly scheduled education or enrichment activities in a structured and supervised environment

WEEKENDS, HOLIDAYS, AND VACATIONS

At-Risk Afterschool Meals component, meals and snacks may be reimbursed if they are served on weekends or holidays, including vacation periods (for example, spring break), during the regular school year only.



ACTIVITIES



- Programs must provide educational or enrichment activities that are open to all children in an organized, structured, and supervised environment.
- Arts and crafts
- Homework assistance
- Life skills
- Remedial education
- Gardening

LICENSING AND HEALTH AND SAFETY REQUIREMENTS

Federal law does not mandate licensing for centers in the At-Risk Afterschool Meals component of CACFP, but states or local areas may have their own requirements. If there are no licensing mandates, Afterschool Care Programs must adhere to local health and safety standards. Organizations should consult their CACFP State agency for specific requirements to join the At-Risk Afterschool Meals Program in their area.



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LICENSING AND HEALTH AND SAFETY REQUIREMENTS

Schools that participate in the NSLP or School Breakfast Program (SBP) do not have to meet any additional health and safety requirements to participate in the At-Risk Afterschool Meals component of CACFP (CACFP 15-2012: Health and Safety Standards for Outside : -School-Hours Care Centers (OSHCCs) and At-Risk Afterschool Care Centers, May 1, 2012



STUDENTS ARE ELIGIBLE FOR AT-RISK PROGRAMS IF THEY:



- Participate in approved afterschool programs and
- 18 years old or younger at the start of the school year.

CACFP MEAL PATTERNS

The CACFP regulations permit School Food Authorities participating in NSLP to substitute NSLP meal pattern requirements for the CACFP meal pattern requirements

BREAKFAST MEAL PATTERNS Serve Milk, Grains*, Vegetables or Fruit

COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
Milk	1/2 cup	3/4 cup	1 cup	1 cup
Vegetables, Fruit or Both	1/4 cup	1/2 cup	1/2 cup	1/2 cup
Grains	1/2 oz eq	1/2 oz eq	1 oz eq	2 oz eq

* Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week. oz eq = ounce equivalents

LUNCH & SUPPER MEAL PATTERNS Serve all 5 components

COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
Milk	1/2 cup	3/4 cup	1 cup	1 cup*
Meat & Meat Alternates	1 oz	1 1/2 oz	2 oz	2 oz
Vegetables	1/8 cup	1/4 cup	1/2 cup	1/2 cup
Fruit	1/8 cup	1/4 cup	1/4 cup	1/2 cup
Grains	1/2 oz eq	1/2 oz eq	1 oz eq	2 oz eq

*A serving of milk is not required at supper meals for adults

oz eq = ounce equivalents

SNACK MEAL PATTERNS Serve 2 of the 5 components

COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
Milk	1/2 cup	1/2 cup	1 cup	1 cup
Meat & Meat Alternates	1/2 oz	1/2 oz	1 oz	1 oz
Vegetables	1/2 cup	1/2 cup	3/4 cup	1/2 cup
Fruit	1/2 cup	1/2 cup	3/4 cup	1/2 cup
Grains	1/2 oz eq	1/2 oz eq	1 oz eq	1 oz eq

oz eq = ounce equivalents



HOW MANY MEAL CAN BE SERVED?

- Sponsors are eligible for reimbursement for providing up to
- 1 snack and 1 meal (or 2 snacks) for each student, daily.
- Snacks and meals may be offered at any time after the school day concludes, as well as during weekends, holidays, and school breaks throughout the academic year.



REIMBURSEMENTS

Institutions that have entered into an agreement with a State agency to administer the At-Risk Afterschool Meals segment of CACFP are eligible for reimbursements for meals provided to qualified children.



OUTSIDE SCHOOL HOURS

The Child and Adult Food Care Program (CACFP) **provides cash reimbursements to outside of school hours programs that operate before and after school, weekends, holidays, and during school vacations and serve meals to children under 12 years of age**



NSLP AFTER SCHOOL SNACK

PM Snack is the only approved meal type that can be served after the end of the school day.

Schools operating the afterschool care snack program with 50% or above free and reduced-price students do not require Income Eligibility Applications.



RECORDKEEPING

Institutions must establish procedures to collect and maintain all Program records required by the USDA and the State agency.



RECORDKEEPING

Required Records:

Attendance

Meal Counts

Menus

Fiscal Management

Training Documentation

Institutions must establish procedures to collect and maintain all Program records required by the USDA and the State agency.



ATTENDANCE

Daily attendance rosters or sign in sheets



NUMBER OF MEALS SERVED

Number of At-Risk Afterschool Snacks and/or Meals prepared or delivered for each meal service.

Daily record of the number of At-Risk Afterschool Snacks and/or Meals served at each snack and/or meal service.



MEAL PATTERNS

Menus for each At-Risk Afterschool Snack and/or Meal service.



FISCAL MANAGEMENT

Copies of invoices, receipts, or other records such as

- Administrative costs claimed by the institution
- Operating costs claimed by the institution
 - Income to the Program required



RECORDS DOCUMENTING TRAINING:

- Information on training session dates, locations, topics presented, and names of participants.
- For sponsors, records documenting attendance at training of each staff member with monitoring responsibilities.



MONITORING

Sponsoring Organizations

Each sponsoring organization must provide adequate supervisory and operational personnel for the effective management and monitoring of the Program at all At-Risk Afterschool centers under its sponsorship.



POTENTIAL NEW SPONSORS

To verify your eligibility as a potential new sponsor for the Child and Adult Care Food Program (CACFP), please complete the

[Potential New Sponsor Survey](#).

- [Process for CACFP Application Memo](#)
- [Video: Introduction to the CACFP](#)
- [Financial Viability Policy](#)

Thank you for your continued interest in the Child and Adult Care Food Program!



RESOURCES

USDA CACFP Afterschool Programs webpage:
www.fns.usda.gov/cacfp/afterschool-programs



QUESTIONS?

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